

Restoring hearing after an auditory trauma

By Willem Lammers

Yesterday, I arrived in Mannheim, Germany, to meet Birte Kraft, who is overseeing the production of the German edition of Discover Logosynthesis as an audiobook. We decided that I would narrate a few chapters, and that's exactly what we did today. It was my first time participating in an audiobook production, and I was struck by the numerous potential errors throughout the process, but we managed well, and I learned a lot for future projects.

After our recording session in the studio, we enjoyed a glass of white wine in the garden with Uwe, the owner. Uwe is also a musician and handles the technical side of the audiobook production. He shared with us that he has experienced significant hearing loss following an incident where he was exposed to a very loud beeping sound from a speaker. As a result, he can no longer hear frequencies above 10,000 Hertz in his right ear, which is particularly challenging given his professional involvement in music.

This kind of auditory trauma, often due to exposure to high-decibel noise, can lead to what is thought of as permanent damage in the inner ear, specifically affecting the hair cells that help transmit sound to the brain. This condition can severely impact one's ability to perceive certain frequencies, which is a considerable setback for anyone, but especially so for professionals working in music.

Seizing the moment, I suggested using Logosynthesis to address Uwe's distress. Initially, he rated his distress from the hearing loss at a 3, but the memory of the loud beep registered at an 8. We started with the Logosynthesis Basic Procedure targeting the loud beep memory. After the first round, Uwe's Subjective Units of Distress (SUD) level dropped to a 5.

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He described feeling as though energy that had been trapped in the right side of his body was now flowing into the ground. In a second cycle focusing on the incident, the sentences took longer to process, indicating a release of energy at a deeper level. Following this, and after drinking a glass of water, his distress level decreased to 3, and he felt complete relaxation on the right side of his body. This experience led Uwe to realize that the shock had affected more than just his right ear; muscles on half of his body had also been impacted by the trauma.

Uwe was both surprised and noticeably relieved by this outcome. We encouraged him to test his hearing in his studio. When he returned, he was struck with amazement. After putting on headphones and listening to his favorite music, he described a sensation as if earwax was dissolving and exiting his right ear. Remarkably, he reported that his hearing quality was nearly restored to its pre-incident state.

There are numerous opportunities to apply Logosynthesis, and I relish each one. Although I had never addressed hearing loss before, it's straightforward to perceive it as a frozen energy pattern that can be resolved—as always.

Uwe's favorite music: Stay Now by Joel Lyssarides.

https://www.youtube.com/watch?v=myNFE_fVZcQ

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